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TOBIAS READ
SECRETARY OF STATE

MICHAEL KAPLAN
DEPUTY SECRETARY OF STATE

ARCHIVES DIVISION
STEPHANIE CLARK
DIRECTOR

800 SUMMER STREET NE
SALEM, OR 97310
503-373-0701

PERMANENT ADMINISTRATIVE ORDER

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CHAPTER 950
OREGON HEALTH AUTHORITY
EQUITY AND INCLUSION DIVISION

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ARCHIVES DIVISION SECRETARY OF STATE & LEGISLATIVE COUNSEL

FILING CAPTION: Reorganizing rules for clarity and adding new rules to comply with legislation

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CONTACT:
Natalyn Begay
971-673-1240
NATALYN.BEGAY@oha.oregon.gov
800 NE Oregon St., Suite 705
Portland, OR 97232

Filed By:
Jonathan Salazar
Rules Coordinator

RULES:
950-060-0143, 950-060-0144, 950-060-0150, 950-060-0155, 950-060-0160

ADOPT: 950-060-0143

RULE TITLE: Additional Curriculum Standards for a Peer Support Specialist in Adult Addictions, Adult Mental Health, Youth Support, or Family Support Certification

NOTICE FILED DATE: 07/31/2026

RULE SUMMARY: New rule to clarify curriculum standards for Peer Support Specialist certification.

RULE TEXT:
(1) All Peer Support Specialists in Adult Addictions shall receive a minimum of 40 hours of training that includes the core curriculum standards set forth in OAR 950-060-0140 in addition to the following topics:
(a) Introduction to mental health and co-occurring conditions including tobacco cessation;
(b) The Role and Scope of Practice of Peer Support Specialists;
(c) Recovery, resilience, and wellness;
(d) Engaging with individuals as the experts of their own lives using a person-centered approach;
(e) Strategies for lessening the harm of substance use;

(f) Overdose prevention;
(g) Medication-supported recovery;
(h) Overview of recovery community resources and mutual aid models;
(i) Relapse or recurrence prevention and recovery maintenance;
(j) Understanding and addressing bias and stigma related to addiction; and
(k) The role of lived experience in advocacy work and supporting an individual in their own recovery.
(2) All Peer Support Specialists in Adult Mental Health shall receive a minimum of 40 hours of training that includes the core curriculum standards set forth in OAR 950-060-0140 in addition to the following topics:
(a) Introduction to mental health and co-occurring conditions including tobacco cessation;
(b) The Role and Scope of Practice of Peer Support Specialists;
(c) Recovery, resilience, and wellness;
(d) Engaging with individuals as the experts of their own lives using a person-centered approach;
(e) Understanding and addressing bias and stigma related to mental health;
(f) Trauma-informed, peer-led approaches to mental health engagement; and
(g) Navigating and supporting experiences of non-consensus realities and extreme or altered states.
(3) All Peer Support Specialists in Family Support shall receive a minimum of 40 hours of training that includes the core curriculum standards set forth in OAR 950-060-0140 in addition to the following topics:
(a) Introduction to mental health and co-occurring conditions including tobacco cessation;
(b) The Role and Scope of Practice of Peer Support Specialists;
(c) Recovery, resilience, and wellness;
(d) Engaging with individuals as the experts of their own lives using a person-centered approach;
(e) The role and scope of practice of Family Support Specialists, including national standards;
(f) Child/youth physical and emotional development (0-25);
(g) Parenting concepts and protective factors;
(h) Pre-K through post-secondary educational programs; and
(i) Systems of Care principles.
(4) All Peer Support Specialists in Youth Support shall receive a minimum of 40 hours of training that includes the core curriculum standards set forth in OAR 950-060-0140 in addition to the following topics:
(a) Introduction to mental health and co-occurring conditions including tobacco cessation;
(b) The Role and Scope of Practice of Peer Support Specialists;
(c) Recovery, resilience, and wellness;
(d) Engaging with individuals as the experts of their own lives using a person-centered approach;
(e) The role and Scope of Practice of Youth Support Specialists, including national standards;
(f) Collaborative problem-solving principles;
(g) Protective factors and developmental assets to promote resilience; and
(h) Systems of care and positive youth development principles.

STATUTORY/OTHER AUTHORITY: ORS 413.042, ORS 414.665, ORS 414.635

STATUTES/OTHER IMPLEMENTED: ORS 414.665, ORS 414.635

ADOPT: 950-060-0144

RULE TITLE: Additional Curriculum Standards for Peer Wellness Specialist Certification

NOTICE FILED DATE: 07/31/2026

RULE SUMMARY: New rule to clarify curriculum standards for Peer Wellness Specialist certification.

RULE TEXT:
(1) Peer Wellness Specialists in Adult Addictions shall receive a minimum of 80 hours of training that includes the core curriculum standards set forth in OAR 950-060-0140 in addition to the following topics:
(a) Adult learning principles, including teaching and coaching;
(b) Best practices for health promotion;
(c) Data collection and types of data;
(d) Group facilitation skills;
(e) Health across the lifespan;
(f) Health literacy issues;
(g) Introduction to disease processes, including chronic diseases, mental health, tobacco cessation, and addictions, including warning signs, basic symptoms, and when to seek medical help;
(h) Principles of motivational interviewing;
(i) Popular education methods;
(j) Roles, expectations, and supervisory relationships for working in multidisciplinary teams, including supervisory relationships;
(k) Self-efficacy;
(l) Strategies for lessening the harm of substance use;
(m) Overdose prevention;
(n) Medication-supported recovery;
(o) Overview of recovery community resources and mutual aid models;
(p) Relapse or recurrence prevention and recovery maintenance;
(q) Understanding and addressing bias and stigma related to addiction; and
(r) The role of lived experience in advocacy work and supporting an individual in their own recovery.
(2) Peer Wellness Specialists in Adult Mental Health shall receive a minimum of 80 hours of training that includes the core curriculum standards set forth in OAR 950-060-0140 in addition to the following topics:
(a) Adult learning principles, including teaching and coaching;
(b) Best practices for health promotion;
(c) Data collection and types of data;
(d) Group facilitation skills;
(e) Health across the lifespan;
(f) Health literacy issues;
(g) Introduction to disease processes, including chronic diseases, mental health, tobacco cessation, and addictions, including warning signs, basic symptoms, and when to seek medical help;
(h) Principles of motivational interviewing;
(i) Popular education methods;
(j) Roles, expectations, and supervisory relationships for working in multidisciplinary teams, including supervisory relationships;
(k) Self-efficacy;
(l) Understanding and addressing bias and stigma related to mental health;
(m) Trauma-informed, peer-led approaches to mental health engagement; and
(n) Navigating and supporting experiences of non-consensus realities and extreme or altered states.

(3) Peer Wellness Specialists in Family Support shall receive a minimum of 80 hours of training that includes the core curriculum standards set forth in OAR 950-060-0140 in addition to the following topics:
(a) Adult learning principles, including teaching and coaching;
(b) Best practices for health promotion;
(c) Data collection and types of data;
(d) Group facilitation skills;
(e) Health across the lifespan;
(f) Health literacy issues;
(g) Introduction to disease processes, including chronic diseases, mental health, tobacco cessation, and addictions, including warning signs, basic symptoms, and when to seek medical help;
(h) Principles of motivational interviewing;
(i) Popular education methods;
(j) Roles, expectations, and supervisory relationships for working in multidisciplinary teams, including supervisory relationships;
(k) Self-efficacy;
(l) The role and scope of practice of Family Support Specialists, including national standards;
(m) Child and youth physical and emotional development (0-25);
(n) Parenting concepts and protective factors;
(o) Pre-K through post-secondary educational programs; and
(p) Systems of Care principles.
(4) All Peer Wellness Specialists in Youth Support shall receive a minimum of 80 hours of training that includes the core curriculum standards set forth in OAR 950-060-0140 in addition to the following topics:
(a) Adult learning principles, including teaching and coaching;
(b) Best practices for health promotion;
(c) Data collection and types of data;
(d) Group facilitation skills;
(e) Health across the lifespan;
(f) Health literacy issues;
(g) Introduction to disease processes, including chronic diseases, mental health, tobacco cessation, and addictions, including warning signs, basic symptoms, and when to seek medical help;
(h) Principles of motivational interviewing;
(i) Popular education methods;
(j) Roles, expectations, and supervisory relationships for working in multidisciplinary teams, including supervisory relationships;
(k) Self-efficacy;
(l) The role and Scope of Practice of Youth Support Specialists, including national standards;
(m) Collaborative problem-solving principles;
(n) Protective factors and developmental assets to promote resilience; and
(o) Systems of care and positive youth development principles.

STATUTORY/OTHER AUTHORITY: ORS 413.042, ORS 414.665, ORS 414.635

STATUTES/OTHER IMPLEMENTED: ORS 414.665, ORS 414.635

AMEND: 950-060-0150

RULE TITLE: Curriculum Standards for Birth Doula Certification

NOTICE FILED DATE: 07/31/2026

RULE SUMMARY: Re-organized rules and edited for plain language and accessibility.

RULE TEXT:
(1) Birth Doulas shall receive a minimum of 28 in-person contact hours addressing the following core curriculum topics:
(a) Anatomy and physiology of labor, birth, maternal postpartum, neonatal transition, and breastfeeding;
(b) Labor coping strategies, comfort measures, and non-pharmacological techniques for pain management;
(c) The reasons for, procedures of, and risks and benefits of common medical interventions, medications, and cesarean birth;
(d) Emotional and psychosocial support of birthing people and their support team;
(e) Birth Doula scope of practice, standards of practice, and basic ethical principles;
(f) The role of the Birth Doula with care team;
(g) Communication skills, including active listening, cross-cultural communication, and inter-professional communication;
(h) Self-advocacy and empowerment techniques;
(i) Breastfeeding support measures;
(j) Postpartum support measures for the birthing person and baby relationship;
(k) Perinatal mental health;
(l) Family adjustment and dynamics;
(m) Evidence-informed educational and informational strategies;
(n) Community resource referrals;
(o) Billing and charting;
(p) Professional conduct, including relationship boundaries and maintaining confidentiality;
(q) Self-care with core strategies for self and communities including ethical responsibilities to self and others; and
(r) Resilience strategies to avoid burn-out and compassion fatigue.
(2) In addition to the core curriculum requirements, Birth Doulas are required to complete additional topics separate from the 28 in-person contact hours. It is optional for training programs to offer these additional courses required for Authority approval:
(a) Six contact hours in cultural competency training;
(b) One hour of inter-professional collaboration;
(c) One hour of Health Insurance Portability and Accountability Act (HIPAA) compliance; and
(d) Four hours of trauma-informed care.

STATUTORY/OTHER AUTHORITY: ORS 413.042, 414.665, 414.635

STATUTES/OTHER IMPLEMENTED: 414.665, 414.635

ADOPT: 950-060-0155

RULE TITLE: Tribal Traditional Health Worker Certification Curriculum Standards

NOTICE FILED DATE: 07/31/2026

RULE SUMMARY: New rule to clarify Tribal Traditional Health Worker certification curriculum standards.

RULE TEXT:
All Tribal Traditional Health Workers shall receive a minimum of 80 hours of training that includes the core curriculum standards set forth in section 950-060-0140 in addition to the following topics:
(1) Adult learning principles, including teaching and coaching;
(2) Best practices for health promotion;
(3) Cultivating individual resilience;
(4) Community organizing;
(5) Conducting community needs assessments;
(6) Data collection and types of data;
(7) Group facilitation skills;
(8) Health across the lifespan;
(9) Health literacy issues;
(10) Introduction to disease processes, including chronic diseases, mental health, tobacco cessation, and addictions, including warning signs, basic symptoms, and when to seek medical help;
(11) Navigating Tribal Health Systems, and their relationship with federal, state, regional, and local systems;
(12) Culturally specific popular education methods;
(13) Principles of motivational interviewing;
(14) Recovery, resilience, and wellness models;
(15) Self-efficacy;
(16) Supervisory relationships for working in multidisciplinary teams, including supervisory relationships; and
(17) Indigenous perspective on social determinants and drivers of health.

STATUTORY/OTHER AUTHORITY: ORS 413.042, ORS 414.665, ORS 414.635

STATUTES/OTHER IMPLEMENTED: ORS 414.665, ORS 414.635

AMEND: 950-060-0160

RULE TITLE: THW and Training Program Complaints and Investigations

NOTICE FILED DATE: 07/31/2026

RULE SUMMARY: New rule to clarify Tribal Traditional Health Worker certification curriculum standards.

RULE TEXT:
(1) Any individual or entity may submit a complaint to the Authority, either verbally or in writing, alleging:
(a) Problems with the care or services provided by a certified THW or by an applicant for the THW Registry; or
(b) Violation of statutes or applicable rules by an approved THW training program.
(2) The complainant's identity may be disclosed, when necessary, to conduct a fair and thorough investigation; such disclosure may include notifying the THW's employer or training program management. The Authority shall limit disclosures to the minimum information necessary.
(3) If a complaint alleges criminal conduct or otherwise falls within the jurisdiction of another local, state, or federal agency, the Authority shall refer the matter to the appropriate agency and may coordinate with the agency as necessary.
(4) The Authority shall investigate complaints and take any action necessary to resolve them. Investigations may include but are not limited to:
(a) Interviews of the complainant, program management, program staff, students, THW clients, client representatives, client family members, witnesses, and employer management and staff;
(b) On-site observations of the training program, client care, THW performance, and client environment;
(c) Review of documents, records, training materials, personnel files, and other relevant evidence; or
(d) When necessary to protect client safety or the integrity of the program, the Authority may impose interim measures while an investigation is pending.
(5) The Authority shall provide written notice to the THW or training program that is the subject of a complaint, describing the allegations and the investigative process, unless doing so would jeopardize the investigation or client safety.
(6) The Authority shall maintain a record of complaints, findings and final actions. Records shall be retained in accordance with applicable law and Authority policy.
(a) The Authority may publish the results of complaint investigations in accordance with applicable law.
(b) Prior to publication the Authority shall redact confidential or legally protected information, including complainant identity when disclosure is not required by law.
(7) The Authority shall not tolerate retaliation against individuals or entities who file complaints in good faith or who participate in investigations. The Authority shall investigate allegations of retaliation and may take appropriate corrective action.
(8) Where investigation findings indicate violations of statutes, rules, or standards, the Authority may pursue appropriate administrative, disciplinary, or enforcement in accordance with applicable law and rule, including referral to other agencies when warranted.
(9) Persons subject to adverse actions resulting from complaint investigations shall have the right to any hearings or appeals provided by the applicable statutes or rules.

STATUTORY/OTHER AUTHORITY: ORS 413.042, 414.635, 414.665

STATUTES/OTHER IMPLEMENTED: 414.665, ORS 414.635