

HOUSE COMMITTEE ON
HEALTH AND HUMAN SERVICES

February 08, 2005
3:00 P.M.

Hearing Room 343
Tapes 13 - 15

Corrected 10/03/2005

MEMBERS PRESENT: Sen. Bill Morrisette, Chair
Sen. Jeff Kruse, Vice-Chair
Sen. Rick Metsger
Sen. Laurie Monnes Anderson
Sen. Charles Starr

STAFF PRESENT: Rick Berkobien, Committee Administrator
Brittany Kenison, Committee Assistant

MEMBERS PRESENT: Rep. Billy Dalto, Chair
Rep. Carolyn Tomei, Vice-Chair
Rep. Gordon Anderson, DDS
Rep. Deborah Boone
Rep. Mitch Greenlick

MEMBER EXCUSED: Rep. Bob Jenson, Vice-Chair
Rep. Tom R. Butler

STAFF PRESENT: Sandy Thiele-Cirka, Administrator
Pamella Andersen, Assistant

MEASURES/ISSUES HEARD:
Informational Meeting
“Investing Early: Protecting and Nurturing Oregon’s Children to Ensure
a Positive Future.”

These minutes are in compliance with Senate and House Rules. Only text enclosed in quotation marks reports a speaker’s exact words. For complete contents, please refer to the tapes.

TAPE/#	Speaker	Comments
TAPE 13, A		
The Committee met jointly with the Senate Committee on Human		
The		
055	Bruce Perry	MD, Ph.D. Submits informational handout for testimony (EXHIBIT B) . Comments on state programs and agencies. Provides overview of testimony addressing how to use Oregon’s current limited resources.
090	Perry	Discusses choices and the decisions a person makes over the course of a lifetime.
125	Perry	Explains how the brain allows us to absorb experiences over a lifetime.
150	Perry	Discusses potential of the brain through repetition.
160	Perry	Provides examples of socio-cultural evolution; language, religion, childrearing practices, family structure, art science, technology, cultural history, educational practices, values and beliefs.
225	Perry	Discusses how we live in a child-illiterate society.

245	Perry	Reviews chart of a decrease in the size of households and another chart showing Privacy and Isolation.
275	Perry	Discusses how the relational landscape is changing.
290	Perry	Discusses the poverty of relationships: compartmentalization of culture. Expresses need for children to spend time with other generations.
310	Perry	Explains why children need exposure to multi generational people.
335	Perry	Shares video that shows neurons connecting with stimulating learning.
360	Perry	Discusses how being born a human being does not ensure a child will become humane. Discusses how humans become humane.
TAPE 14, A		
020	Perry	Discusses how the brain has relational health.
030	Perry	Reviews chart showing relational interactions of healthy child through out the day.
040	Perry	Reviews another chart of relational interactions but with a high risk child. Chart shows little positive interactions.
060	Perry	Describes scenario that introduces the healthy child and high risk child to methamphetamine and possible outcomes for each.
070	Perry	Discusses how relational health is related to eating, pregnancy, behavior and heart disease.
080	Perry	Discusses how the brain is a biological organ that develops. Explains that most neurons we have now are ones we are born with.
095	Perry	Explains how neurons change with experience.
100	Perry	Discusses the rate of change in adult hood and how it is more so in early childhood.
110	Perry	Shows chart on total percentage of body energy of the brain.
115	Perry	Reviews chart showing the growth of the brain from infant stage to an adult.
125	Perry	Reviews chart on brain growth versus body growth patterns.
145	Perry	Discusses child neglect and the effects on the child and society.
160	Perry	Shares video clip of child who had lived with a pack of dogs due to a negligent mother.
175	Perry	Shares video clip of child who lived in neglect environment for three years and his self punishing behaviors.
195	Perry	Explains how early childhood development has a huge impact.
200	Perry	Discusses sensory deprivation. Gives example of a boy who spent first three years in orphanage.
220	Perry	Shows pictures of a normal brain versus extreme neglect of a three year old.
240	Perry	Shows chart on sensory deprivation neglect. Explains enhanced effects of early intervention on brain growth.
290	Perry	Explains different types of good and bad of stresses and what they lead to.
315	Perry	Reviews chart of the heart rate of children after the Columbine School assault.
330	Perry	Shows chart of trauma induced stress reactivity.
375	Perry	Discusses how fear changes the way we think and provides chart supporting this. Discusses how some children come to class in high arousal states and cannot concentrate in class
400	Perry	Reviews chart of social environments.
TAPE 13, B		

015	Perry	Reviews issues and discusses solutions.
030	Perry	Discusses how communities are crucial in determining child health and welfare.
035	Perry	Discusses elements on community and how children come out healthier.
055	Perry	Discusses how people, not programs, change people.
065	Perry	Discusses how the number and quality of relationships help everyone.
070	Perry	Discusses how to create policy and practice that capitalize on our biological gifts.
075	Perry	Shows chart on change in the brain and how money is spent when changing is later in life.
090	Perry	Believes that programs should be in place during the head start years and would be more effective in the years to come.
100	Perry	Summarizes and concludes.
115	Rep. Boone	Comments on simplicity and how it can make a big difference. Asks how to best address the early childhood trauma element and how late it can show.
135	Perry	Answers that original manifestations don't show until later in life. Comments on increase of Attention Deficit Disorder (ADD) and how it relates to trauma. Also reports on Medicare spent in California on children. Explains how illnesses are tax consuming. Expresses the need for early intervention programs.
175	Rep. Tomei	Asks if he aware of health start program in Oregon.
177	Perry	Explains that he is aware of several related healthy start programs.
181	Rep. Tomei	Clarifies question. Asks what intervention programs help the most.
185	Perry	Answers that there are programs to prepare an expecting "at-risk" mother. States that the key part of intervention programs is to develop trust.
220	Sen. Kruse	Notes that Oregon's head start program is similar to Hawaii's model. Comments that there are overworked clinicians that are diagnosing inappropriately with medications and not getting to core causes. Asks how to create awareness.
245	Perry	Explains how pharmacy companies are too influential. Expresses need of awareness for content to be common knowledge. Believes fundamental knowledge is good for everyone, no matter the position. Notes a pilot program developed in Michigan for schools to teach a 30 hour curriculum about early childhood development.
290	Sen. Morrisette	Comments on previous bill passed.
300	Sen. Kruse	Comments on his interest with the Human Services committee. Comments on decrease of two parent families and the effect on the community. Asks how to get the education to the public appropriately.
350	Rep. Boone	Asks how prevalent multiple personality disorder (MPD) is.
355	Perry	Answers that as children get older, MPD is rare. Children are being diagnosed with multiple persona disorder. Explains disorder.
380	Rep. Boone	Asks how to treat the disorder.
385	Perry	Provides background on "fight or flight" response. Correlates response to treatment.

005	Perry	Continues discussing treatment for multiple persona disorder.
015	Rep. Tomei	Asks how to identify at risk parents and to provide services.
020	Perry	Comments that it would be very inexpensive and explains how beneficial it would be.
045	Rep. Tomei	Comments on bill to require parenting classes in high school, however high school students expressed need to start classes earlier.
047	Perry	States that he agrees with the students. Explains the program started with high school students. Explains how they are taking the high school content and now making it for middle school and earlier years.
065	Perry	Explains program in Canada that lets pregnant mothers being in a first grade class. After the mother has given birth, the baby and mother follow the students through their grade years. Explains how biologically this is helpful and stresses importance of multi generational interactions.
090	Rep. Anderson	Comments on lost relationships in society. Asks about the location of the successful programs in the county and to provide examples.
105	Perry	Provides examples such as the, Boys and Girls Club. Answers that the most explicit programs happened in San Diego after they put different generational programs together. Explains another early childhood program in Ontario, Canada that co-houses adult activities with day care. Stresses importance of multi-generational programs.
160	Rep. Anderson	Comments on a mayor in Indianapolis who visited a park that was Abandoned and run down and how he got the community involved to clean it up. Also comments on community that 30 churches got together to prevent methamphetamine areas of the community in his district.
185	Perry	Explains community generated programs. Referrers to program created in Los Angeles, CA. Also provides another example of compartmentalized community.
220	Sen. Morrisette	Comments on community experiences and support.
230	Sen. C Starr	Comments on personal background of extended family. Believes that people will make the biggest difference rather than tax dollars. Believes that opportunities and volunteers would greet this.
305	Randy Franke	Legislative Liaison, Coalition of County Children and Family Commission. Comments on need to focus on early childhood. Asks how to mobilize the community to step forward and participate.
370	Perry	Comments on being smart to spend money and recognizes the different need of communities. Believes that government can underline all efforts and change direction of awareness at all levels and sectors of public. Explains how California spent their extra money for specialized training for all areas of government.
TAPE 15, A		
005	Perry	Continues to discuss how to better educate with multi levels of education. Gives example how sports have changed in the last ten years and games and practices are now on Sundays.
040	Perry	Discusses how government can make a difference in educational content about fundamental issues.
045	Chair Morrisette	Confirms website address.

050	Perry	Answers www.ChildTrauma.org and explains the content.
060	Chair Morrisette	Closes informational meeting on Investing Early: Protecting and Nurturing Oregon's Children to Ensure a Positive Future. Adjourns meeting at 4:57 p.m.

EXHIBIT SUMMARY

- A. Investing Early, biography, staff, 2 pp**
- B. Investing Early, informational handout, Bruce Perry, 2 pp**