

SENATE COMMITTEE ON HEALTH POLICY

February 13, 2003
1:00 PM

Hearing Room B
Tapes 18 - 19

MEMBERS PRESENT: Sen. Bill Morrisette, Chair
Sen. Bill Fisher, Vice-Chair
Sen. John Minnis
Sen. Frank Shields
Sen. Charles Starr
Sen. Vicki Walker

STAFF PRESENT: Marjorie Taylor, Administrator
Saranelle Allen, Committee Assistant

MEASURE/ISSUES HEARD: Informational Meeting
Healthy, Active Oregon Overview
Introduction of Committee Measures – Work Session

These minutes are in compliance with Senate and House Rules. Only text enclosed in quotation marks reports a speaker's exact words. For complete contents, please refer to the tapes.

<u>TAPE/#</u>	<u>Speaker</u>	<u>Comments</u>
Tape 18, A		
<u>INFORMATIONAL MEETING</u>		
<u>Healthy , Active Oregon - Overview</u>		
004	Chair Morrisette	Opens an informational meeting at 1:11 pm.
015	Dr. Mel Kohn	State Epidemiologist, Oregon Department of Human Services. Submits written testimony on the obesity epidemic occurring within the United States (EXHIBIT A). Gives statistics that Oregon is the first state on the West Coast to reach the 22% designated adult obesity rate. Explains a Body Mass Index (EXHIBIT B).
131		Gives information on diabetic conditions occurring in the population due to obesity problems and states most obesity health issues are due to lack of physical activity, and quantity of food intake.
202	Kohn	Stresses emphasis on physical activity, not only for adults but children, and gives weight statistics on Oregon youth and adults.
251	Kohn	Relates how environmental and social changes have slowly altered the exercise element in our health.
	Kohn	Reviews ways the medical profession can assist patients with weight problems. Gives suggestions on ways schools could work on weight control for students.
	Sen. Walker	Suggests office staff use of the stairs in lieu of elevators.
460	Kohn	Explains an example of a company that uses scenic art and music in the stair case to encourage employees to use the stairs.
	Sen. Walker	Likes the idea of enhancing the use of the stairs.
Tape 19, A		
055	Kohn	Reviews programs and information on what is being done for

Oregonians.

WORK SESSION

070 Chair Morrisette Opens a work session to introduce legislation on LC's 993, 1468, 1472, and 2519.

Marjorie Taylor Administrator. Explains the four measures.

120 Chair Morrisette States that the four LC's are from the Governor's task force.

124 Sen. Minnis **MOTION: Moves LC's 993 (EXHIBIT C), 1468 (EXHIBIT D), 1472 (EXHIBIT E), and 2519 (EXHIBIT F) BE INTRODUCED as committee measures.**

127 **VOTE: 5-0-1**
EXCUSED: 1 - Sen. Shields
Hearing no objection, declares the motion CARRIED.

Chair Morrisette States that he may not be willing to support these bills.

Sen. Fisher Closes the work session, and reopens the informational meeting.

180 Sen. Morrisette

INFORMATIONAL MEETING

Healthy, Active Oregon - Overview

Sen. Minnis Asks how a legislator could implement some of these recommended health improvement programs.

210 Molly White Gives visual presentation on NikeGO program (EXHIBIT G). Explains the concept behind the company's focus on improving exercise habits and good health in Oregon for adults and children.

440 White Reviews projects that Nike has established throughout Oregon.

Tape 18, B

050 Sen. Walker Commends Molly White and Nike for their efforts in helping children with self-esteem issues as well, through sports and related programs.

204 Minot Cleveland MD and State Chair, Oregon Coalition for Promoting Physical Activity (EXHIBIT H). Reviews the mission and vision for the Oregon coalition for physical standards, and states emphasis is on physical activity and improved nutrition.

414 Kohn Reviews importance of evaluating how things are progressing.
Sen. Minnis Asks what the strategy is for disseminating information.

Tape 19, B

025 Cleveland Replies wide-scale media campaigns, and additional community activities.

Chair Morrisette Asks about the NikeGO program, and how cardiovascular health fits in.

062 White Reviews several Nike programs implemented to encourage children to participate in cardiovascular activities.

Cleveland Explains various aspects of the physical activity program, not solely focusing on athletics.

100 Sen. Minnis Asks about any available data on companies who have physical centers and the correlation to employee health care costs.

White Replies none known at present, and gives details on Nike's employee physical fitness work environment.

Chair Morrisette Adjourns meeting at 2:48 p.m.

EXHIBIT SUMMARY

A – Healthy, Active Oregon Overview, Dr. Mel Kohn, 8 pp.

B – Healthy, Active Oregon Overview - Body Mass Index, Dr. Mel Kohn, 1 p.

C – LC 993 (Senate Bill 491), staff, 4 pp.

D – LC 1468 (Senate Bill 490), staff, 3 pp.

E – LC 1472 (Senate Bill 488), staff, 2 pp.

F – LC 2519 (Senate Bill 489), staff, 2 pp.

G – Healthy, Active Oregon Overview, Molly White, 3 pp.

H – Healthy, Active Oregon Overview, Minot Cleveland, 80 pp.